

Sometimes people cannot afford to get to the bottom of the troubles their families have faced; because of having to be busy supporting and feeding their children, problems go unhandled. Sometimes mental health goes undiagnosed. Along with other health concerns. I know back in the day it was all about keeping food on the table and keeping a roof over our heads, that the children coming after them have to stop and pay the price for undealt with matters. Secrets the families had been burdened with. Lack, poverty gambling. So, when I went to college to get a degree. God gave me the opportunity to hit pause on that in order to identify and address the matters that were the cause of me landing where I had landed in my time. 43 Years old and just now getting my high school diploma. I thought it wise to follow God after getting my attention and revealing certain things to me that created the oppression that me and my family had faced. So I followed God, and the key thing that he would have me doing is serving others. (outside of the communion elements) implementing the foot washing ceremony the Lord performed on His Apostles was key to coming into the great riches of the Kingdom of God. and what and where I have ended up in regards to Him allowing me to hit the pause button is worthiness. Today I understood Him saying He had a job for me to do was Him saying I was worthy to do that which He had gifted me to do. With Him saying He had an inheritance for me was Him saying. I have gained everything by believing in His son Jesus Christ. I didn't know the great wealth I was sitting on being a child of God. Another thing is He has let it be known to me that we really can't serve two masters. Like His word doesn't just say that to fill the pages but He meant it. So when a person is going to school, the difference between the world or secular I should say is. When God is in the middle a person goes to school to fulfill destiny. Doesn't matter how we may have had bouts with poverty or not. Because when I got the Son I became an heir to the kingdom of God and all of the resources I would need to live would come down upon me from the Royal Priesthood. When a person does not have God in the middle it could be a field that is caring and being compassionate towards others. However it will not be because they want to glorify God with their gifts, it is because it seems to them it is something they could possibly do and succeed and get a lot of money. Or for their own personal reasons. Folks, we need God in the middle; believe it or not, that was what the drama was about in the Garden of Eden! The enemy had gotten to the place where God had ordained to dwell in man's life. Now when the enemy is in the middle of man's life it will resemble having on their hearts the deceitfulness of riches, the cares of this world and the concern for other things. It will resemble sex drugs, rock and roll masturbation looking like a zombie consumed by gaming and other things. To some it may seem like I am judging however I am not. I am warning you what will happen when you do not have God in the middle. However, when God is in the middle, first of all we have to return the place in man's life where the enemy had slithered his way into the man's life in the beginning. When we give the tenth, that is us putting God first. Giving Him the first fruit of our lives. See, because this is important because our treasure is where our heart is. Not our families are where our hearts are, not our children are where our hearts are but our treasure is where our hearts are (Mathew 6:21) that is the most valued place in man's life to us to God and also to the enemy. The enemy knows the significance to God the man's heart plays. He rally's for that spot even though our hearts are made new he still can't get over the L he took on the cross and still tries little sneaky ways to get back into the heart of man. You know what though? I'm not sure if he knows he doesn't have a shot at infiltrating man's heart or not, and is more busy trying to convince me and you that he still has some type of pull to get into our hearts (or our emotions.)

So what I do to guard my heart is everything I get I give God His off the top, this is the tithe. That is me telling God I put you first, I return the spot in my heart that the enemy slithered in and set up the love of money in the beginning, the deceitfulness of riches, the care for other things. That's me giving that spot back to God and He honors it especially when I sup at the communion element table following the order Father Abraham took to becoming God's friend. " And Melchizedek king of Salem brought forth bread and wine: and he was the priest of the most high God. And he blessed him, and said, Blessed be Abram of the most high God, possessor of heaven and earth: And blessed be the most high God, which hath delivered thine enemies into thy hand. And he gave him tithes of all. " (Genesis 14:17-20 KJV) these are things we as believers are to do. Having done this it ushers me to the open heavens where miracles, signs and wonders follow. This gets us an experience with grace. This is the procedure we take to receive new hearts. It could have said father Abraham said to himself I am going to get something for my wife with this 10 percent. I am going to start a savings account for Isaacs or Ishmaels college fund. No he gives the tenth to God. Folks this is an important clue to inheriting the great wealth of the Kingdom. When did we see or hear of Father Abraham wanting for anything(besides a son which God gave him in the latter part of his life) This right here is why God stopped me when I was in school was for me to know the heart of God was for me to get close to God it was more important for me to know the heart of God than getting a degree. He laid out right before my eyes. He ensured that He would get me to my destiny. I am not against education. However, it wasn't the route God wanted for me to take. Yeah, so that right there is interesting to me. How God would actually interfere with me getting a degree to stop me because I was headed in the wrong direction. Look at the love of God that He would actually care enough about my destiny to stop me when I was about to make a big mistake. This right here lets me know that God does indeed have His eye on me. He like naw I got something else for you to do. And I was getting excellent grades. I'm like why do you stop me now I'm killing it father? He asked why kickest thou against the prick. True story!

And in the secular world they take the gift God gives them and will use it to get great wealth. For real though I cannot judge them it is their gift to choose. Getting back to the topic at hand. What God has done for me because I hit the pause button on getting a degree. He sent me through the school of the Holy Ghost. That's when He will use your life's experience to work together for your good. That's when if the world could be against you but as long as He is with you, you win. And I guess even then I had to know there was something in me that was worth it that God wanted to use to employ me. Him performing a miracle to usher me into my destiny. Even though I knew people would say behind my back " that's no surprise he dropped out I am surprised He made it to second semester" although I don't blame them or judge them or nothing. However they got it wrong about me. I'm here, aren't eye? My voice is being heard, not only that but I am talking about something. I have a word, an important word. The stigma that a lot of people face who have suffered from poverty and mental health. Is what I am after. I am after it because I have found one greater than it. depression/ anxiety/ PTSD/ addiction, so forth and so on now does not have a leg to stand on. Now before I get muted by the Mental healthcare professionals I am not here trying to put you out of business. I am here to inform, to

make your treatment plans better for your clients. Because there are a lot of sick people who are on meds but the medicine doesn't always work and if it does, not always for a long period of time. Then when it works so many times you have to add other medicines to help the one that you are treating the medicine for. It's because the enemy has found another way in to darken our minds and our souls. Other than demon possession. Although this thing often mirrors demon possession. Demon possession is not possible for the born again spirit filled believer. God has our spirit on lock. He slithers in another way to mimic demon possession and mental health. Folks it is through our hearts the enemy gets in and sets up shop to run us from inside out. That is why scripture says "And no man putteth new wine into old bottles; else the new wine will burst the bottles, and be spilled, and the bottles shall perish.

But new wine must be put into new bottles; and both are preserved." (Luke 5:37-38 KJV) It is because of the things that we have done in our lives will come back to bite us, act like they own us. Act like we belong to them. The things we do (outside of our walk with the Lord) they say have consequences. There are repercussions to the things we do and have done that have not been for Christ. It normally isn't until we go to do something great or impactful in life do these things rear their ugly heads at us. In an attempt to confuse you, make you think " you are the wrong person" for something like that. Because you have been a decent person all of your life. You haven't even considered the times when you were angry with someone or jealous at someone. These things are silent but deadly. Because you can get away with being a jealous person without anyone knowing (so you may think.) Even unforgiveness. Folks, these are things that you can be filled with. Without anyone being the wiser. But trust and believe the day will come if at any point you decide to do a work for the Lord, is when the devil will try and pop up and make you believe not just that you cannot do it. But that it is not for you to do. And especially unforgiveness. And when these things are left unaddressed for long periods of time is when they transform themselves into greater problems like depression, anxiety and PTSD. I am not saying mental health stems from sin. However I am clearly saying that it can. When I say sin I am not talking about fornicating or cursing or gambling. I am targeting the root of the sin. To be specific I am referring to the seven deadly sins. This is what was produced in the Garden of Eden as a result of Adams and Eves disobedience. So seeing this goes way back to the beginning. It would fall under the promise that God gave the serpent. And I will put enmity between you and the woman, and between your offspring and hers; he will crush your head, and you will strike his heel." (Genesis 3:15 NIV) this would be referring to the finished works of Jesus Christ on the cross. It was what the serpent did to Adam and Eve. not that the Lord owed us anything but He is so good He took into consideration what we would have been had not the fiasco in the Garden had taken place. And made up the difference. The cross brought us to a pristine state. Of royalty. So to pour new wine into old wineskins would be to receive the Holy Spirit and bypass the communion elements. Simply because the communion elements take us back to what the father of our faith did father Abraham. And what were the requirements father Abraham was required to do circumcision, right? Because circumcision has to do with the condition of

the heart of man. Well, we know in the new covenant physical circumcision was fulfilled with Jesus on the cross. And our faith in Christ. Puts us in a state of having been "circumcised." Father Abraham did something else however that was I would imagine at the time rewarding and refreshing his physical body He ate bread and drank wine with Melchizedek. What we now know as being communion elements. It wasn't of the law no more than tithing was of the law when we hear him paying tithes to Melchizedek. Earlier I wrote the Lord had me serving others outside of receiving the communion elements. So faith in Jesus covers yours and mine circumcision. (which in the old covenant was symbolic for a new heart.) Early on we see heated discussions about new converts to Christianity becoming circumcised. Only coming from the Zealots of the Law. That's when we hear believers speaking of things like " well, did I have to become circumcised to receive the spirit?" No! My faith in Christ is the exchange. However, here we are in 2024 and having difficulties and suffering with " mental health and addictions." I put the quotation marks because I suspect these things are something other than mental health and addiction. In my opinion these have been things the enemy has hidden in our hearts to have on stand by in the event we even thought about bailing on him. Things we have welcomed in ignorantly allowing ourselves to be engulfed with anger. Or bound by lust. These are the things we have indulged in before coming to Christ. Or maybe I should say in our flesh.

And there is a for sure way to cause them to dismount themselves. They have to be dismounted because you cannot pour new wine into old wineskins. You know some of the older saints who came before us and alongside us preach that there is nothing you and I could do for God but praise Him. I think it wise when a seasoned believer tells you something of great importance to listen to them, I don't know what it is about praise that gets God's attention, but it is legitimate. King David implemented praise and prayer among the responsibilities of the Levites in scripture. So, yeah, even though there is nothing we can do for God but praise Him. There are things we can do for ourselves that involve the holy scriptures. It involves the state of how when we sup at the communion element table leaves our hearts. It is like Jesus Himself coming to a dinner party that all of yours and mine bullies that have punked us out in our lives will be invited to. He comes in as our big brother/King! Then when we leave the dinner party those bullies beloved are no more. You see when we repent of a thing a lot of people legalistic people would say you got to stop fornicating stop smoking stop gambling. However so many times these things have invaded our lives and set up shop and run us. It's like we were not expecting this the first time we did a line of coke. (for instance) So when a elder of the church lay down the rules of the don't smoke don't fornicate and don't gamble you immediately think about those alliances at this point. And how much of an influence they have in our lives. We can and will change our minds about the whole

thing. This is why I love Jesus because He did for me what I couldn't do for myself. I couldn't no more stop smoking crack then I could fly a plane. And this right here is where Jesus comes in once again and saves the day. " But to each one of us grace was given according to the measure of Christ's gift. Therefore He says:When He ascended on high, He led captivity captive,And gave gifts to men."(Ephesians 4- 7-8 KJV) That's why we don't have to accept fear, Christ Jesus sent fear captive. Well the same way He sent captivity captive on the outside of us demonic activity and such. When we eat of his body and drink of His blood. He sent our bullies captive that had invaded our lives from the inside out when we sup at the communion element table. That's how they found the man sitting fully clothed in his right mind who King Jesus cast those demons out of. Think about this: everything you have embraced every theory, method, philosophy is stored in your heart. Every system that you have exercised living life is stored in your heart. Until you eat of the bread and drink of the wine. In essence receiving a new heart. Which confirms we are free of the law and circumcision. How does it confirm we are free of the law and circumcision? For one because the law was for sin, we are free of sin because of the finished works of Jesus Christ on the cross. We are crucified with Christ, we are dead where sin would take place in life. We are far away from sin, for those of us who are in Christ. We swap the lives we were living with Christ and the lives we now live, we live unto God. What's important to Him is now at the top of our list. We love what He loves and hates what He hates. To God be the glory by Tyler Mitchell